

Announcing: the world's leading women's development program

Springboard Women's Program

Limited Places Only Due to Venue Limit

2015 Workshop Dates

(9.00am to 4.30pm each day)

Location : **Sydney CBD**

Attend all 4 Dates

Day One – Thursday 2nd April 2015

Day Two – Thursday 23rd April 2015

Day Three – Thursday 14th May 2015

Day Four - Thursday 4th June 2015

What is Springboard?

The most successful Professional and Personal development program for women world-wide. Springboard is designed for women looking for direction, wanting to get started on a "serious" career, or just needing to top up on energy, motivation and inspiration.

Learning Outcomes

- Develop a clearer sense of direction
- Build strengths and recognise weaknesses
- Know how to look after yourself better
- Learn and use assertiveness techniques
- Build self confidence
- Set priorities and goals
- Understand the factors affecting promotability
- Improve your communication at work and at home
- Network more effectively
- Improve work-life balance

More than a training course, Springboard is a thoroughly researched and intrinsically defined program using a range of balanced and blended learning initiatives. For bookings:

<https://www.eventbrite.com.au/e/springboard-public-open-program-sydney-cbd-tickets-11688268927> or call **Deb on 0431 535 040**.

What's included?

- **Four full one-day workshops** spread over a **three month period**
- 332-page comprehensive, detailed personal **workbook**
- **Networking** skills and opportunities.
- **Support** during and after the program.

What results can I expect?

Line Managers have reported the following about their staff who have attended:

- builds resilience, improved ability to deal with change
- highly motivated and more focused
- acknowledge strengths, being more positive and confident in taking steps
- adds more value to their work
- have a more mature and positive attitude
- more self-confident
- enthusiasm to take on more responsibilities
- hugely improved communication skills including assertiveness, managing conflict, and negotiation
- improved relations with customers
- Improved problem solving and goal setting

What Next?

Got a few **questions**? Call **Deb 0431 535 040** for fuss-free answers. Check out **www.springboard.org.au**. To **reserve one of the limited places** while you confirm attendance, call Deb or e-mail grow@flyconsulting.com.au
Make a booking – email us: grow@flyconsulting.com.au and we will send you through an Invoice.

Order Now!

Total program fee including the 4 workshops, the workbook and handouts and refreshments – 'early bird' \$995 + GST per person
(That's less than \$250 per day)

